

Justice Resource Institute Cape Cod and the Islands Community Service Agency www.jri.org

We recognize that it can be overwhelming to find supports. Whether a child is currently in crisis or negotiating the after effects of a crisis, the CSA is here to help families keep their child within the community, as opposed to sending the child to a hospital or residential/group home setting.

What do we do?

This Masshealth funded program is designed to support parents/caregivers who are struggling to support the needs of their child, who has a new or existing mental health diagnosis. The CSA provides an Intensive Care Coordinator (ICC) who works with the parent/caregiver to identify existing services, prioritize needs, and access necessary services. The services may include, but are not limited to, medical, therapeutic, community-based or recreational supports, in order to skill-build and stabilize the needs. The services can remain in place and adapt to the changing needs of the child over a period of time.

What are the eligibility requirements?

- The child must be under the age of 21
- The child has Masshealth Standard or Masshealth CommonHealth
- The child has a new or existing mental health diagnosis (e.g. Mood Disorder, ADHD, PTSD, etc.)
 - O The primary treated diagnosis cannot be a developmental (e.g. Autism, Communication Disorder, Sensory Disorder, etc.) or a substance abuse diagnosis. A developmental or substance abuse diagnosis CAN be secondary.
- There is a need for support with coordination of services/supports/systems
- If the child/youth is in a higher level of care (residential or group home), a discharge plan is in place stating that the youth will be returning home within the next 6 months
- The child has multiple areas of need (e.g. social and behavioral concerns) that impact their life across various settings (home, school, community). Youth who have minimal needs, only display needs in one setting, and are currently not receiving therapeutic support will typically benefit from a lower-level therapeutic service such as individual therapy, psychiatry, or in-home family therapy.

How can I refer or be referred to the CSA? A parent or caregiver can call the CSA to refer the child. A provider can also refer, by sending a release of information, signed by the custodial guardian, to the CSA. Referrals can be made to Debra Buchanan at 508-771-3156 x2673 or dbuchanan@iri.org.